

## Welcome to our Special Stay-at-Home Edition!

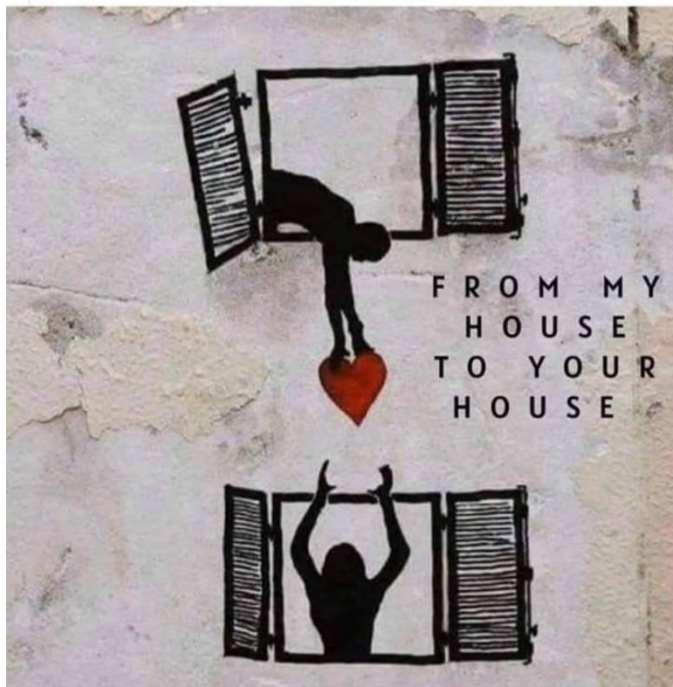
I hope you enjoy all of these pictures, links, etc. I learned a lot in producing this edition, like uploading videos to YouTube (hope all of the links work!)

*Pat Stonecipher*



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Done Edit

Let's pass this around so everyone gets a little love today ❤️❤️❤️❤️❤️



More

Submitted by Pat Aldridge



Submitted by Linda McCune  
"Sorting through TONS of old pictures!"

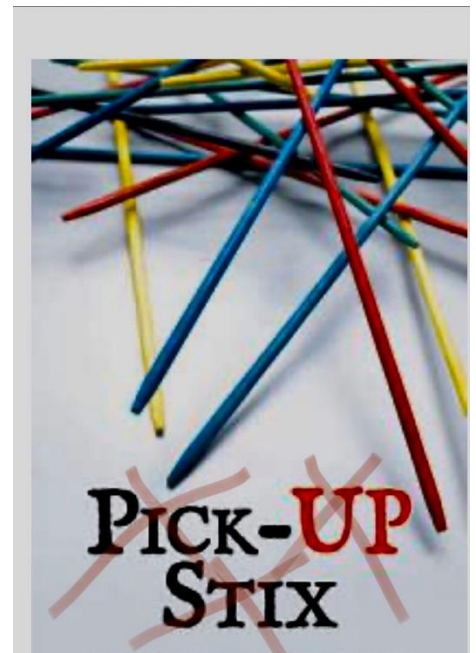
*"It is very rare or almost impossible that an event can be negative from all points of view." -Dalai Lama*

I saw this quote from the Dalai Lama and asked myself "What good can come from this?" It was then I reflected on yesterday. I had a thought that this is the first serious encounter I have dealt with as an adult, and with Garrett and it feels like we are doing it in slow motion. Whatever religion you choose to affiliate with, how ironically humorous that this constantly progressive society is being forced to slow down by a power totally out of our control. Not only will this pandemic make us stronger as a community and a nation, but it is offering strength in personal relationships. There are some fortunate to still be remotely working, but we are all getting a rare opportunity to do good for each other, family, friends and ourselves. So, I do believe there is good in this crisis; this will make us stronger together and as individuals. (You don't have to add my blurb to the quote but I just had some food for thought)

*Submitted by Abbi Roehl*



**Playing lots of games of Pick Up Sticks. No need for cardio or strength training. Nature has provided plenty. Wishing all of you the best!**  
*Submitted by Diane Alsop*





## Links to Videos

Click on the link to open up the video

*Submitted by Amanda Weaver*

<https://www.youtube.com/watch?v=NRoMfg5ZgZU>

*Submitted by Pat Stonecipher*

<https://www.youtube.com/watch?v=p-rSdt0aFuw>

How to Make a Face Mask

<https://www.youtube.com/watch?v=6gcLp0y-Mfg&t=10s>

*Submitted by Patsye Thurmon*

<https://www.youtube.com/watch?v=2vtytXWQ6SI&feature=youtu.be>



The picture is of a playhouse that I assembled for some of my favorite little ones! My high school counselor once told me that I should be an engineer (based on my ASVAB scores). I love to put things together so I generally get that job! The crate had sat in my foyer for several weeks before the quarantine went into effect. I didn't have any excuses after that!

*Submitted by Beverly Smith*



**Zooming with my Preschool students!**  
*Submitted by Laura Boden*



At least I did something productive! This was supposed to be by my NCAA March Madness project!  
*Submitted by Pat Stonecipher*

**Why Would I Keep Social Distancing? The Math:**  $\sum_{n=0}^6 R0^n$

