

# Pi Chapter Newsletter

Volume 19, Number 6 February, 2020

https://xistatepichapter.weebly.com







Explore, Dream, and Discover 2018-2020

February is here! So this month, let's focus on loving ourselves and expressing our love to others. Perform acts of self love by forgiving and pampering yourself as well as laughing often and creating healthy habits for you.

Also, I challenge you to do an act of love each day for others. Say "I love you;" write a "love" note to a family member or friend; create and capture in pictures special memories with family and friends; deliver homemade gifts or sweet treats. The list of Acts of Love for self and others is endless!!! Most important is being grateful for God's love.

Pi begins this love fest with a program to improve our health. February is American Heart Month and our speaker, Lisa McCune, RD, will provide tips on heart healthy eating. While we hear ways to love our heart, may we also love each other in words and deeds as we fellowship.

Soon our early blooming bulbs will bring color to this brown winterscape and hope for new beginnings. Pi Chapter will begin a new biennium soon. My hope is that each of you will say "Yes" when asked to serve our chapter. Each of us working together is the heart of Pi.

Ann



President	Ann Gann
1 <sup>st</sup> VP	Rhonda Phillips
2 <sup>nd</sup> VP	Linda McCune
Recording Sec	Patsye Thurmon
Corres. Sec	Laura Phillips
Parliamentarian	Susan Fowler

Treasurer ...... Kathleen Benedict Editor / Webmaster ....... Pat Stonecipher

Pi Chapter Officers/Leaders

#### Tuesday, February 4, 2020

Memorial United Methodist Church 5:00 p.m.
Meal at 5:15 p.m.

#### **Inspiration**

Terri Gilbert

#### **Hostesses:**

Pam Allen (Chair), Laura Boden, Lucy Van Cleve, Rhonda F. Phillips, Amanda Weaver, Mary Pat Williams

#### **Program**

Heart Healthy Eating, Lisa McCune, RD



#### Remember to Bring

- Nominations for Membership
- Box Tops for Education



Wear your DKG pin with pride!





#### **Nominations Needed!**

Please bring your recommendations for membership to the February meeting! You can find a form on our web page at <a href="https://xistatepichapter.weebly.com/forms.html">https://xistatepichapter.weebly.com/forms.html</a> Click on DKG Membership Recommendation. Rachel Pemberton, Membership Chair

Note: If your committee has anything to report, please submit it to Pat Stonecipher (stonecipherp@gmail.com)

### **Joys and Concerns**

**Happy February Birthdays to:** Vikki Burns (19<sup>th</sup>), Diane Alsop and Susan Jonely (27<sup>th</sup>)

Please let us know if you or another sister has had a health-related problem so that we may let the chapter members know.

Please let Pat Stonecipher (patstonecipher@att.net) know of any joys or concerns to include in the newsletter.



Our March meeting will focus on Legislative issues. There will be a Legislative Round Table to discuss current and upcoming legislation.

Our April meeting will feature member recognition and induction and installation of officers for 2020-2022.

#### **Announcements for Pi Chapter Members**

- Do you know of someone you would like to nominate to join us in Pi Chapter? Please think of those you might want to nominate. We would like to have an induction ceremony in the spring.
- We are responsible for cleaning up and returning room to original setup (if tables and chairs are moved). Trash bags removed from cans to storage room.
- Notify Rachel Pemberton (<u>rpemberton@acs.ac</u>) if absence is from school activity such as teaching or attending school or other educational meeting.

### Nominees for Officers (2020-2022)

Co-Presidents: Vikki Burns and Abbi Hill	1 <sup>st</sup> Vice President: Susan Jonely
2 <sup>nd</sup> Vice President: Linda McCune	Recording Secretary: Patsye Thurmon
<b>Corresponding Secretary:</b> Diane Alsop	Treasuer: Kathleen Benedict
Finance Chair and Committee: Deckie Conley, Lucy VanCleve, Ann Brown, President,	
Treasurer	
Nominations Chair and Committee: Pat Aldridge, Amy Graham, Kathy Hurst, Amanda	
Powers, Lee Ann Eaves	

#### **DUES for 2020-2021 Notice**

Just a reminder that your Pi Chapter, DKG, dues for 2020-2021, are due and payable before June 1, 2020 to the Treasurer, Kathleen Benedict. Still, 85.00. If you want to make a 15.00 donation to next year's Grant-in-Aide Fund, then you may want to increase amount to \$100.00.

You can mail your 2020-2021 dues to me: Kathleen Benedict/ P. O. Box 355/ Knoxville, TN 37901 or give it to me at the February, March, or April meetings or the May Banquet. Kathleen's cell (865) 599-1646

If you need to make a down payment and then payments, mail the first payment to the same address or give it to me at the same above-named meetings or May Banquet. [4 payments 21.25 each; 3 payments 28.33 each; 2 payments 40.00 + 45.00]

The important thing is to communicate with me or our President, Ann Gann (865 457-4669), or the Finance Chair, Lucy Van Cleeve(865 690-5766).

### **Treasurer's Report**

### January 2020

#### DELTA KAPPA GAMMA SOCIETY INTERNATIONAL, PI CHAPTER

#### **TOTALS IN EACH FUND:**

**Balance 01-31-20** [When the goal of 1,000.00 has been reached for two recruitment grants, Happy Jar money will go towards the fund for Xi State first time attendees.\* If no one applies, all monies will remain in Grant – in – Aide Fund.] Voted January, 2016.

Hazel McCREARY CLASSROOM GRANT FUND ...... 402.24

(<u>Funded by donations only</u>.) **Balance 01-31-20 402.24** 

(Funded by donations only.)

Balance 01-31-20-Beginning balance 72.20

#### AVAILABLE REGULAR FUND ......

1,138.93

(Member dues, collected each year, fund a budget for this fund.)

Beginning balance 01-31-20 1,040.46 + 22.58 Schools for Africa + 120.00 Donations for Gift Basket donated by Vicky Curtis - 44.11 Yearbook Postage = 1,138.93

CC: Ann Gann, President, Lucy Van Cleve, Financial Committee Chairman, Patsye Thurmon, Recording Secretary

#### 2020-2021 Dues Pi Chapter Deposits\*

[\*These funds will remain separate from 2019-2020 funds until July 1, 2020.]

Dues Donations

January 2020 - 85.00

### Schools for Africa Project "Change for Change" 2019-2020

Pi Chapter will once again send a contribution on behalf of "PI Chapter, Delta Kappa Gamma" to UNICEF, the organization that administer the funds for the Schools for Africa Program. I am so proud to be a little part of this effort! Thank you for your kind help! Save your loose change each day and bring it to the monthly meetings to put in the "Green Tub" at the Check-In Table. Please consider this worthy project! Thusfar, we have collected 43.37

### The Heart of Pi Chapter

Because Pi chapter is always on the alert for special projects in our community, there are times when our projects find us. That was the case in November of 2019 when several chapter members noticed a random Facebook posting where Erin Ahlstedt, an academic coach at Claxton Elementary School, invited friends to adopt a classroom for Christmas. Her goal was to send a new and carefully selected book home with each student as a Christmas gift. She wanted to reaffirm the idea that a book is a real gift.

Claxton is a large school with more than four hundred students, so this was an ambitious undertaking for one teacher. Although many of her friends responded to her Facebook request and adopted a classroom, Pi chapter wanted to help her complete the project. At the December meeting members donated an additional \$200.00 which made her shopping trip more interesting and much more fun. Erin shared stories of the gratitude expressed by teachers as they shopped for just the right book for each of their students. As Erin said, "You can't ever have too much money to spend on books."

...Kathy Hurst, Pi Chapter

### Xi State News

The Tennessee State Beginning Leadership Management Seminar is scheduled for March 13-14, 2020 at the Natchez Trace State Park in Wildersville, Tennessee. Additional details will be forthcoming.

The Tennessee Legislative Seminar is scheduled for March 3-4, 2020 at the Best Western Plus Sunrise Inn, 825 Murfreesboro Pike in Nashville, Tennessee.

The Personnel Committee will be seeking a new State Editor at the end of this biennium, June 2021, when the current State Editor Orlean Bauman will complete her ten-year tenure.



### **Spotlight on Members**

Mary Pat Williams has a bachelor's degree, a master's degree in English Education, and an Education Specialist degree (Ed. S.) in special education from The University of Tennessee, Knoxville. She started out at Eckerd Youth Alternatives, which is a program in North Carolina that uses wilderness adventure therapy to help troubled children become responsible, productive members of society without hospitalization. Mary Pat then taught at Petros-Joyner Elementary School, Norwood Middle School, Claxton Elementary School, and Grand Oaks Elementary School. Her focus was in special education, specifically grades kindergarten through fifth grade. Mary Pat was inspired to be a teacher after experiencing it within the home with her seven younger brothers and sisters; her gifted brother, who was identified as autistic, gave her the particular inspiration to enter the field of special education. Mary Pat is keeping busy in retirement and spends time baking bread, gardening, hiking, reading, embroidering, and keeping fish. She also makes sure to keep her two pups, Lola and Bennie, in shape by walking three to four miles a day. Mary Pat's favorite travel location is Ireland, and she visited there a second time over fall break.





Laura Phillips has a less traditional background than most of our members. Laura taught two Mother's Day Out classes, which included teaching Bible verses and various artistic activities. She also taught life lessons like the importance of brushing your teeth and washing your hands and how to play with others. Laura still remembers the challenge of getting 30 two year olds on the same lunch and nap schedule. She was also the director of programs at a senior center for five years. Here, Laura was responsible for creating the weekly menu and high-interest programs for the seniors such as line dancing and card groups. She also oversaw fundraising, spoke to city and county boards for funding, and managed budget and payroll. Laura worked at Miller's Department Store downtown and was offered a job as a buyer for women's clothing; she passed on the offer and instead chose to marry her husband of now 51 years instead. Now that she is retired, Laura loves to spend time with her family, and you can almost always find her with one of her daughters or her granddaughter. She especially loves to travel and goes on multiple trips every year. Her favorites are ones that include her granddaughter, so she is a regular at Disney resorts and Disney cruises.

## Moments from our January meeting Presentation from Cross-Fit











