

Pi Chapter Newsletter

Volume 16, Number 6 February, 2017

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Growing Possibilities 2016-2017

"How do you spell 'Love'?"—Piglet "You don't spell it, you feel it."—Pooh --A.A. Milne

Dear Pi Chapter:

The month of February brings thoughts of love, lots of candy, and Valentines. I also look at February as a time to think about women's heart health. February 3rd is National Wear Red Day to remind women to look for the warning signs of heart problems. Please check out https://www.goredforwomen.org/ for important and helpful heart information.

Although we all need a little candy on Valentine's Day, one way to improve heart health is to incorporate healthy eating habits. I look forward to hearing from our guest speaker, Steve Colvin, as we learn about community supported agriculture.

This month we will vote on potential new members, so be sure to bring any membership applications to our February meeting. One of my goals as President is to increase membership in Pi Chapter, so keep those nominations coming! All new members will be inducted in April.

Several members will be attending the Legislative Symposium in Nashville, TN, February 13-14. We will be speaking to several legislators, and Commissioner Candice McQueen will be the speaker at the breakfast. It is now more important than ever to let our legislators know that they need to back public education.

Remember: Convention 2017 is around the corner. Check out the new registration form in the February *Xi State News*, or on the website. The Xi State Convention will be held June 1-3, 2017 on the beautiful campus of the University of the South at Sewanee. I hope to see everyone next week!

Much love, Rhonda

Treasurer Kathleen Benedict Editor / Webmaster Pat Stonecipher

Tuesday, February 7, 2017

Memorial United Methodist Church 5:00 p.m.

Inspiration

Patyse Thurmon

Hostesses

Pam Allen (coordinator), Laura Boden, Lisa Swisher, Lucy VanCleve, Kay Porter, Amanda Weaver

Program

Community Supported Agriculture with Steve Colvin

Business

Recommendations for new members

Remember to Bring

Toothbrushes, Toothpaste, Feminine Products Change for Change Donations

Change for Change Donations
Box Tops for Education

Wear your official DKG pin or pay fifty cents.



Joys and Concerns

Happy February Birthdays to: Vikki Burns (2nd), Diane Alsop and Susan Jonely (27th)

Condolences to the family of Marylee Stuart. Marylee passed away on January 19, 2017. (See separate article on Marylee and the note from her husband, Alex.)

Condolences to Paula Tackett. Her father, Cloyd William Combs, passed away January 23, 2017. Memorials can be made to the Free Medical Clinic of Oak Ridge, 116 E. Division Road, Oak Ridge, TN.

Please let us know if you or another sister has had a health related problem so that we may let the chapter members know.

Please let Pat Stonecipher (<u>patstonecipher@att.net</u>) know of any joys or concerns to include in the newsletter.

Dates to Remember

February 7, 2017

Pi Chapter Meeting

March 7, 2017

Pi Chapter Meeting

April 4, 2017

Pi Chapter Meeting

May 2, 2017

Pi Chapter Meeting,

Founders' Day Banquet



Please remember to bring toothbrushes and feminine products to the January meeting for the Norris Food Pantry.

Paula Campbell



Chicken Tortilla Soup

1 10-oz can enchilada sauce 1 10-oz can dark kidney beans (drained) 1 10-oz can diced tomatoes (no salt added)

1 10-oz can corn 1 4-oz can diced green chiles 2 Tb Lime Juice 1/2 packet dry ranch mix 1 bunch or 2 cubes cilantro 100 g diced onion 1/2 Tb minced garlic 1/2 Tb olive oil 4 chicken bouillon cubes

1 tsp cumin 1 tsp chili powder 1 cup salsa 2 cups water (to desired consistency) 950 g boneless, skinless chicken breast

Stovetop: Add olive oil, bouillon cubes, garlic, and onion to bottom of a soup pot. Brown until onions are translucent, stirring regularly. Add everything else. Cook until chicken is done. Remove and shred chicken, then return to soup. Portion out into 7 containers.

Crockpot: Throw all the things into the crockpot. Cook on high for 3-4 hours or low for 6 to 8 hours. Shred chicken and return to soup.

From Julie Capps



RIP Marylee Stuart – We will miss you!

Published in Knoxville News Sentinel on Jan. 20, 2017 - See more at: <u>Marylee Stuart's</u> Obituary on Knoxville News

Marylee Cloyd Stuart, age 86, of Clinton, began her final journey on January 19, 2017. Born in Idaho in 1930, she was the youngest child of Winfred and Cora Baskette Cloyd. In addition to her husband of 68 years, Rev. Alexander M. Stuart, she is survived by son, David Stuart (Sarah); and grandchildren, Adriana and Rebecca, of Oak Ridge; and by son, Stephen Stuart of Clinton. She is also survived by many nieces and nephews and by special nieces, Phyllis Crain of Jonesborough, Betty Jo Dempsey and husband, Darrell, of Kingsport, and by Billie Jean Osborne and husband Ray, of Whites Creek, TN. In addition to her parents, she was preceded in death by three brothers, William, Ralph, and John, all of Jonesborough.

In 1940, following the death of her father, the family returned to Tennessee. She was active in sports and graduated from Jonesborough High School with honors. She holds a bachelor's degree from East Tennessee State University and a master's with extended hours from the University of Tennessee. She retired from Anderson County Schools in 1992 as a career Ladder Teacher having taught in Charleston, WV; Franklin, TN; Norwood Junior High (Middle), and Lauderhill Lakes Middle School in Florida. She was active in Anderson County/Clinton City Retired Teachers, and is a long-time sister in Delta Kappa Gamma International, XI Chapter. Upon retirement, she traveled extensively with her husband and special friends in Europe, especially the British Isles. She also has visited every state in the lower 48 accompanied by her husband and other special friends. Marylee lived a long and happy life surrounded by loving family, good friends, and wonderful neighbors.

Interment will be in the Stuart family plot in Maple Lawn Cemetery in Jonesborough. The family is honoring her request that no service or memorial be held. Holley Gamble Funeral Home in Clinton is in charge of all arrangements. holleygamble.com

Dear Pat,

You have been the primary contact person concerning Marylee's illness. I appreciate all the help you have given in the past few weeks. I have one more message for all her sisters, and I will deeply appreciate your sending it to them.

A beautiful floral arrangement was delivered by Powell Florists to our home yesterday. It was of several beautiful cut red roses, and different kinds of potted plants that can be kept indefinitely. Marylee would know those plants, but I have no idea. Suffice it to say the roses. plants, and the beautiful pottery container are all beyond my ability to describe, or to express the gratitude I feel.

Marylee received many cards, visits, and floral gifts during her illness. Some of the cards arrived too late to share with her, but she was told about them and seemed to understand who had sent them. I have no way other than by this email to express my gratitude and that of my family.

Marylee was a proud DKG member, and all the kindnesses sent to her by her sisters would have made her proud. I thank you, once again, for passing this message along.

With Gratitude to All,

Alex

TREASURER'S "TIDBITS" \$\$\$\$\$ February 2017

In order to minimize the time I talk at meetings, I thought that I might include in the newsletter some thoughts that you would find of interest. Hope these help! Kathleen Benedict

Thank you also to all the members who gave an extra 15.00 when you paid dues to benefit the Recruitment Grant!!!!! Wow!!!

We have reached our 1,000.00 goal to fund two recruitment grants and our goal to fund one member who has never attended a Xi State Convention! A balance of 316.78 to decide how to spend: another member chosen to go to Xi State, additional recruitment grant, or leave in the account. Just think about what decision would best represent the spirit of this account.

Thank you in advance for your generosity!

Your Treasurer,

Kathleen Benedict 865-599-1646 <u>kbenedict08@comcast.net</u>



Schools for Africa Project "Change for Change" 2016-2017



Pi Chapter will once again ask members to save "change" coins to donate to DKG Society's Schools for Africa Project. Please consider helping this worthy cause by chipping in your collected change or a larger, one-time amount to help out!

Please consider this worthy project! Account total to date: 67.89.

With Support from The Delta Kappa Gamma Society International and Others, the Schools for Africa Program Is...

- Benefiting nearly 5 million children, with a special emphasis on girls, orphans, and children living in extreme poverty
- Building and rehabilitating almost 1,000 schools
 - Training nearly 100,000 teachers
 - Supplying notebooks, pens, desks, chairs, and other essential school materials
 - Making sure schools have clean, safe drinking water and separate bathrooms for girls and boys
 - Creating schools that offer a protective environment.

The Schools for Africa Collection "Green Tub" is always at the Check-In table for meetings! Help Support Pi Chapter's effort to donate your loose "change" in the hope that your donation of change will, when combined with many other like-minded DKG members, make a real CHANGE in Africa by providing schools so that learning may be provided in areas where it is not now available. For more information: https://www.dkg.org/content/schools-africa



Call for Recipes!

Do you have any good recipes you would like to share? If so, please submit them to Pat Stonecipher (patstonecipher@att.net) for inclusion in our next newsletter.

Pi Chapter Members to Attend Legislative Symposium in Nashville

Pi Chapter members Rhonda Phillips, April Perry, Kelly Williams, Ann Gann and Kathleen Benedict will travel to Nashville next week to attend the Xi State 2017 Annual Legislative Symposium. Many important issues face Tennessee voters, not only in education, but also in health care, taxes and infrastructure throughout the State of TN. Members plan to meet with legislators to advance ideas and priorities important to DKG key women educators and, indeed, important to the entire state.



Delta Kappa Gamma, Xi State, organizes a **Legislative Symposium in Nashville, TN** each year. This symposium serves as a two - day effort to reach our TN legislators on education topics. DKG has been a powerful presence to the legislators in years past for key women educators to talk to selected legislators who appear on a panel on Tuesday evening, February 13, and then on Wednesday, February 14, to go to the Capitol Hill offices of legislators in our area to discuss areas of concern in the education arena. Each DKG chapter sends a representative delegation, usually 2-6 members.

Lodging will be at the Millennium Maxwell House Hotel, Tuesday night. On Wednesday morning, members will plan strategy for the visit to Capitol Hill.

Pi Chapter Rules Committee

Pi Chapter's Rules Committee has worked diligently to align our rules to the Xi State rubric, to make wording clear, remove unnecessary repetition, and create a better formatted document. As new motions are passed that impact our Rules, we continue to update, review, and edit our Rules. Thank you to Ann Brown, Julie Capps, and Vicky Curtis for your dedication, attention to detail, and many hours spent in reviewing/retyping our Rules.

Ann Gann, Chair Rules Committee.

Xi State News International News

February 13-14, 2017 Legislative Symposium, Millennium Maxwell House, Nashville, TN (Registration is due January 19, 2017) **Important Dates from International**

July 19-21, 2017: Southeast Regional Conference, Myrtle Beach, SC



Xi State...Growing Possibilities